

## **BLOOD AND BODILY FLUID EXPOSURE- A&E REFERRAL LETTER**

### **To: Accident & Emergency Department**

This letter has been issued following an assessment by the Sharps Injury Helpline.

The individual presenting with this letter has contacted the Sharps Injury Helpline following a potential occupational exposure to blood and/or bodily fluids.

Following a telephone assessment, the reported exposure has been identified as requiring urgent face-to-face medical evaluation. The individual has therefore been advised to attend Accident & Emergency for further assessment and management.

The Sharps Injury Helpline provides specialist occupational health advice and support but does not provide emergency medical treatment or facilities to undertake urgent clinical investigations or interventions. This includes blood sampling, serum save testing, vaccinations, post-exposure prophylaxis, or other emergency treatment that may be required following a blood and bodily fluid exposure incident.

Please assess the individual and manage them in accordance with local protocols and applicable national guidance relating to blood-borne virus (BBV) and bodily fluid exposures. This may include consideration of:

- Baseline blood testing and/or serum save sampling
- Hepatitis B vaccination or booster administration
- Hepatitis B immunoglobulin (HBIG)
- HIV post-exposure prophylaxis (PEP) assessment
- Follow-up testing, referral arrangements and ongoing clinical management

The individual has been advised to present this letter to the clinician undertaking their assessment.

Thank you for your assistance.

### **IMPORTANT INFORMATION FOR THE INDIVIDUAL**

- Your contact with the Sharps Injury Helpline will be recorded within your confidential occupational health record. Information relating to your A&E attendance will only be available to the Occupational Health Service where this is shared by you.
- Please retain any discharge summaries, clinic letters, prescriptions or other documentation provided by the treating hospital. You may be asked to provide details of any investigations, treatment or follow-up arrangements to the Occupational Health Service.
- If you are prescribed medication or receive advice that may affect your ability to safely undertake your duties, you should inform your manager and follow any restrictions advised by the treating clinician.